



JOIN THE ORTHDX TEAM

JOIN AN INCREDIBLE TEAM OF HIGH LEVEL, WORLD CLASS STAFF AT ORTHDX.

ORTHDX NATURAL FITNESS IS INVITING HIGHLY MOTIVATED, RELIABLE PEOPLE TO JOIN OUR TEAM. WE ARE LOOKING FOR PEOPLE WHO SHARE THE VISION FOR ADVENTURE AND HEALTHY LIVING THROUGH QUALITY TRAINING.

ORTHDX IS THE HEADQUARTERS FOR NINJAS, WARRIOR AND EVERYDAY HEROES. WITH CLASSES IN FITNESS, COMBAT ARTS, WELLNESS AND OBSTACLE COURSE TRAINING, ORTHDX IS THE BEST TRAINING GROUNDS IN MADISON.

ORTHDX OFFERS UNPARALLELED TRAINING PROGRAMS AND MEMBER BENEFITS TO HELP YOU LIVE YOUR LIFE TO THE FULLEST. EXPLORE ENDLESS ADVENTURES IN TRAINING AT ORTHDX.

THE ORTHDX JR. NINJA COACH INTERNSHIP PROGRAM IS OPEN TO YOUTH AGES 15 AND UP.

INTERNSHIP POSITION

- **JR. NINJA COACH INTERNSHIP (UNPAID)**

JR. NINJA COACH PAID POSITIONS*

- **SUMMER CAMP STAFF**
- **JR. NINJA COACH**

**APPLICANTS MUST HAVE COMPLETED THE INTERNSHIP PROGRAM TO BE ELIGIBLE TO APPLY TO PAID POSITIONS. EMPLOYMENT DEPENDS ON AVAILABILITY OF POSITION/S, SUCCESSFUL COMPLETION OF INTERNSHIP PROGRAM AND REFERRAL FROM LEAD COACH AND NINJA PROGRAM DIRECTOR.*

Internships

An internship at ORTHDX will present you with the opportunity to experience hands-on, individualized coaching with many athletes. Each intern will have the chance to coach the Ninja X Ninja Warrior Training program and become more familiar with the intricacies of program design, and observe and assist a variety of athletes under the supervision of our qualified staff of coaches.

As an ORTHDX intern, you would have the opportunity to compliment your hands-on learning experience with participation in our staff meetings, which focuses on continuing education in a classroom-style learning environment. We work closely with our internship participants to develop coaching, assessment and program-design skill sets to compliment career aspirations within the fitness industry.

Interns are provided with ORTHDX training gear (Jr. Coach Shirt & Fei Yue shoes) and will have complimentary open gym membership and granted free participation in any workshops hosted here at our training grounds during their time with us.

Upon completion of the program, interns are eligible for applying to paid Jr. Ninja coaching positions at ORTHDX.

Expectations of all Applicants

- Be reliable and able to commit to coaching hours (4-6hrs/week)
- Have a positive attitude, encouraging and motivating
- Be eager to learn and accepting of constructive criticism
- Must be comfortable interacting with clients, parents, etc.
- Present yourself in a manner that will reinforce your status as a role model for impressionable young athletes
- Must have parent/guardian approval and provide 2 references

HOURS AND SCHEDULE

ORTHDX Jr. Ninja Coach internships are scheduled according to ninja sport season and traditional academic semesters/summer vacation.

Interns are asked to work a minimum of 4 hours a week, maximum of 6 hours.

Interns must complete 20 hours in a semester in order to complete and graduate from the Internship program.

- **FALL SESSIONS:** Sept. 1 – Dec. 23 (6 Positions) App Deadline 6/1
- **SPRING SESSIONS:** Jan. 3 – May 31 (6 Positions) App. Deadline: 8/1
- **Summer:** June 1 – Aug. 30 (6 Positions) App. Deadline: 3/1

If you are interested in any of these internship positions, please email us to request that a copy of our application be sent to your attention: NINJA@ORTHDX.COM